

# Adult Behavioral Health

## Adult Mental Health Quality

The 2007 Florida Behavioral Risk Factor Surveillance System Data Report contains responses from randomly selected participants on a variety of behavioral questions. Below is a sampling of percentages.

Adults who are “very satisfied” or “satisfied” with their lives.

	2007
Flagler Overall	91.5%
Volusia Overall	94.3
Florida Overall	94.2
Flagler Men	89.6
Volusia Men	94.8
Florida Men	94.0
Flagler Women	93.4
Volusia Women	93.8
Florida Women	94.5

Adults who always or usually receive the social & emotional support needed.

	2007
Flagler Overall	81.1%
Volusia Overall	79.4
Florida Overall	77.9
Flagler Men	82.6
Volusia Men	80.5
Florida Men	76.6
Flagler Women	79.7
Volusia Women	78.4
Florida Women	79.2

Adults who are in good mental health.

	2007
Flagler Overall	88.2%
Volusia Overall	85.8
Florida Overall	90.3
Flagler Men	86.8
Volusia Men	89.8
Florida Men	91.9
Flagler Women	89.6
Volusia Women	82.1
Florida Women	88.7

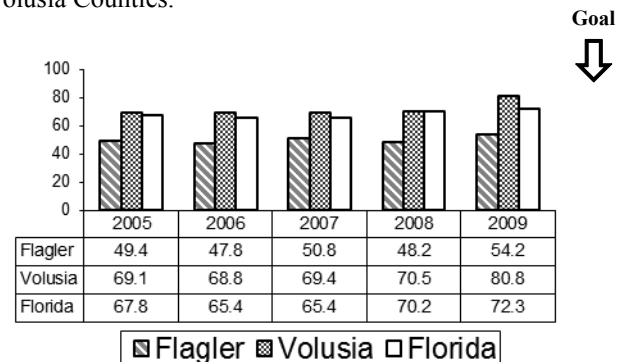
Average number of unhealthy mental days in the past 30 days

	2007
Flagler Overall	3.8%
Volusia Overall	4.4
Florida Overall	3.3
Flagler Men	4.6
Volusia Men	3.3
Florida Men	2.8
Flagler Women	3.1
Volusia Women	5.4
Florida Women	3.7

## Baker Act

### Rate of Baker Act Involuntary Exam Initiations, Per 10,000 Population

**This Indicator Measures...** the total annual rate of Baker Act involuntary examinations by the county of residence per 10,000 population in Flagler and Volusia Counties.



**This is Important Because...** the Baker Act (Florida’s Mental Health Act) assists individuals in immediate danger of hurting themselves or others by providing emergency psychiatric services.

Source: University of South Florida, Louis de la Parte Florida Mental Health Institute.

Note: The Flagler rate has fluctuated over five years. The Volusia rate has increased over the reporting period. Both Flagler and Volusia had increased rates in 2009. This indicator is duplicated on page 63.

## Co-occurring Disorders

People with mental health diagnoses may simultaneously abuse alcohol or other substances. This is important to our community because individuals with co-occurring disorders:

- Have high rates of homelessness and are at greater risk of victimization by street predators
- Are arrested and incarcerated for longer periods of time for non-violent crimes
- Among jail detainees with severe mental disorder, 72% also experience substance abuse/dependency

Volusia and Flagler Counties providers are currently operating "state of the art" treatment programs for persons with co-occurring disorders. A study conducted by Haven Recovery Center in 2009 indicates that public costs are reduced by over 90% when specialized treatment and access to supportive housing are provided to individuals with co-occurring disorders.

Source: “Cost Impact of Providing Treatment and Supportive Housing”, Haven Recovery Center – 2009 (unpublished)